



Fall Essential Oils

Which essential oils do you think of for fall scents? Many people think of **cinnamon**, **clove**, and **orange** as fall essential oils. Do you also think of **ginger**, **cassia**, **nutmeg**, and **cardamom**? Here are some you may not have thought of, but combined with other essential oils, they evoke the feeling and scent of fall: **tangerine**, **coriander**, **black pepper**, **cedarwood**, **cypress**, **arborvitae**, **sandalwood**, **frankincense**, **sage**, **rosemary**, **patchouli**, **vetiver**, and **juniper berry**. [click here to read more about essential oils that smell like fall along with the therapeutic benefits of each oil.](#)

15 Ways to Use Essential Oils to Make Your Home Smell Like Fall

1. fall diffuser blends

Diffusing is one of my favorite ways to make my home smell like fall! Not only do you get the great fall scents, you also get all the therapeutic benefits of the essential oils. Here are a few fall diffuser blends to try, and [click here for 20 more of my favorite fall diffuser blends](#) {and get a free printable of all the diffuser recipes, too!}

Spiced Chai Diffuser Blend

- 3 drops cardamom essential oil
- 1 drop clove essential oil
- 1 drop cassia essential oil
- 1 drop ginger essential oil

Apple Pie Diffuser Blend

- 2 drops clove essential oil
- 2 drops cinnamon bark essential oil
- 2 drops ginger essential oil
- 1 drop nutmeg (optional) essential oil

Sweater Weather Diffuser Blend

- 3 drops eucalyptus essential oil
- 2 drops juniper berry essential oil
- 1 drop sage essential oil

2. fall room sprays

Room sprays (a.k.a. air fresheners) are one of the easiest and most versatile ways to use essential oils to make your home smell like fall. It just takes 3 ingredients and about 15 seconds, and you have your own all-natural, chemical-free air freshener. **Here's my basic recipe for room sprays: 1 cup distilled water, 1/4 cup witch hazel (to help the essential oils mix with the water), and 40-50 drops of essential oil.**

Here are a couple fall room spray recipes to try and [click here for 20 more of my favorite fall essential oil room sprays](#)

Pumpkin Spice Room Spray

add the following to a 16 ounce spray bottle and shake to combine.

- 1 cup distilled water
- 1/4 cup witch hazel
- 15 drops cinnamon essential oil
- 10 drops clove essential oil
- 10 drops ginger essential oil
- 10 drops wild orange essential oil
- 5 drops cardamom essential oil

Flannel Room Spray

add the following to a 16 ounce spray bottle and shake to combine.

- 1 cup distilled water
- 1/4 cup witch hazel
- 20 drops cardamom essential oil
- 10 drops cinnamon bark essential oil
- 10 drops wild orange essential oil
- 5 drops clove essential oil

3. fall linen sprays

Another great way to use essential oils to make your home smell like fall is to make a DIY fabric refresher (a.k.a. linen spray). Use this linen spray to scent your upholstered furniture, refresh blankets, revive curtains and drapes, apply to entry rugs to greet guests with a fresh welcoming scent as they enter your home, and more. **My linen spray recipe is very simple: 2 cups vodka and 40-50 drops of essential oil.**

Unlike the room sprays on the previous page, you want to use vodka for a linen spray because (1) alcohol helps clean and (2) alcohol evaporates more quickly than water (so it won't cause mold and mildew on fabrics). *be sure to spot test linen sprays on small discrete place on fabric*

Here are a few recipes for fall fabric refreshers ([click here for step-by-step instructions for how to make and use linen spray like this](#))

Harvest Gathering Linen Spray

2 cups vodka
20 drops cassia essential oil
15 drops cedarwood essential oil
10 drops wild orange essential oil

Snuggle Blend Linen Spray

2 cups vodka
15 drops cinnamon bark essential oil
15 drops clove essential oil
15 drops white fir essential oil

Wassail Linen Spray

2 cups vodka
25 drops wild orange essential oil
15 drops juniper berry essential oil
5 drops ginger essential oil
5 drops clove essential oil

4. freshen as you vacuum

Love this one! Who doesn't want their house to smell fresh & clean every time you vacuum?!! It's simple— all you do is put a few drops of your favorite essential oil (or EO combination) on a small piece of a napkin or tissue and then vacuum it up. As you vacuum, your whole house will smell AMAZING!

a few other options to get the same result...

- use a cotton ball instead of the napkin/tissue
- a few drops in each new bag you put in your vacuum
- no bag? no problem. If your vacuum has a washable filter, put some essential oil on the filter. Works great!

Here are a few ideas of essential oils to use as you vacuum to make your home smell like fall: **cinnamon, clove, orange, ginger, cassia, nutmeg, cardamom, tangerine, and juniper berry**

Or try a fall blend of essential oils like **eucalyptus/juniper_berry/sage** or **orange/clove/rosemary** or **clove/cinnamon/ginger/nutmeg**

[click here for more ideas for fall essential oil blends](#)

5. make your home smell like fall as you clean {it's a two-for-one!}

disinfecting essential oils (that smell like fall): cinnamon, tea tree, clove, orange, pine, thyme, coriander, and rosemary

deodorizing essential oils (that smell like fall): sage, tea tree, orange, cinnamon, patchouli, cypress, cedarwood, orange, white fir, juniper berry, eucalyptus and others

Here's the basic recipe for my All-Purpose Cleaner (great for counters, sinks, appliances, faucets, and more)-- **To make:** to a [glass spray bottle](#) add ¼ cup white vinegar, 1 ½ cups distilled water, and 25 drops essential oil. **To use:** shake to combine, spray on surface, and wipe clean.

fall all-purpose cleaner #1

1/4 cup white vinegar
1 1/2 cups distilled water
12 drops orange essential oil
5 drops cinnamon essential oil
5 drops clove essential oil
3 drops rosemary essential oil

fall all-purpose cleaner #2

1/4 cup white vinegar
1 1/2 cups distilled water
10 drops orange essential oil
8 drops juniper berry essential oil
2 drops ginger essential oil
5 drops clove essential oil

[click here for more DIY cleaning recipes using essential oils {Mold & Mildew, Soft Scrub, Daily Shower Spray, Wood Floor Cleaner, Dusting Spray, Wood Polish, All-Purpose Cleaner, and Mirror & Window}](#)

6. dusting spray

Basic recipe for dusting spray: to a [glass spray bottle](#) add 1 cup distilled water, ¼ cup white vinegar, 2 Tbsp. olive oil, and 15 drops essential oil. **To use:** shake to combine, spray on surface to be cleaned, wipe clean with [microfiber cloth](#)

fall dusting spray #1

1 cup distilled water
¼ cup white vinegar
2 Tbsp. olive oil
10 drops orange essential oil
3 drops patchouli essential oil
2 drops cinnamon essential oil

fall dusting spray #2

1 cup distilled water
¼ cup white vinegar
2 Tbsp. olive oil
10 drops orange essential oil
3 drops rosemary essential oil
2 drops clove essential oil

[click here for more DIY cleaning recipes using essential oils {Mold & Mildew, Soft Scrub, Daily Shower Spray, Wood Floor Cleaner, Dusting Spray, Wood Polish, All-Purpose Cleaner, and Mirror & Window}](#)

7. super charge your mopping

Add a few drops of pine, orange, or melaleuca (tea tree) essential oil to your mop water. They have powerful disinfectant properties and also leave your room smelling great!

8. make a reed diffuser in fall scents

Reed diffusers are great for **small spaces** and rooms where you may not have easy access to a wall outlet. They're **perfect for bathrooms, foyers, and closets!** It only takes a few ingredients, and you probably have most (if not everything) you need already in your kitchen. Here's the basic recipe: 1/4 cup of a light oil like [apricot kernel oil](#) or [safflower oil](#), 15-20 drops essential oil, and 2 Tbsp of alcohol to help oils travel up reeds (vodka works great). [click here for the full recipe and step-by-step instructions](#)

"Orange Pomander" reed diffuser blend

1/4 cup of a light oil like [apricot kernel oil](#) or [safflower oil](#)

2 Tbsp of alcohol

10 drops orange essential oil

5 drops clove essential oil

5 drops rosemary essential oil

"Spiced Chai" reed diffuser blend

1/4 cup of a light oil like [apricot kernel oil](#) or [safflower oil](#)

2 Tbsp of alcohol

9 drops cardamom essential oil

3 drops clove essential oil

3 drops cassia essential oil

3 drops ginger essential oil

"Sweater Weather" reed diffuser blend

1/4 cup of a light oil like [apricot kernel oil](#) or [safflower oil](#)

2 Tbsp of alcohol

9 drops eucalyptus essential oil

6 drops juniper berry essential oil

3 drops sage essential oil

9. gel air freshener

1 tsp [water-storing crystal \(click here to see what these are and where you can get them\)](#), 1 cup hot water, and 20 drops essential oil. Stir together until well mixed. Keep gel freshener in glass jar without a lid (so that the gel/oil mixture can easily scent the air). [click here for step-by-step instructions on how to make a gel air freshener](#)

"Orange Cinnamon" gel air freshener

1 tsp [water-storing crystal \(click here to see what these are and where you can get them\)](#)

1 cup hot water

10 drops orange essential oil

10 drops cinnamon essential oil

"Crisp Autumn" gel air freshener

1 tsp [water-storing crystal \(click here to see what these are and where you can get them\)](#)

1 cup hot water

9 drops orange essential oil

9 drops patchouli essential oil

3 drops patchouli essential oil

"Wassail" gel air freshener

1 tsp [water-storing crystal \(click here to see what these are and where you can get them\)](#)

1 cup hot water

9 drops orange essential oil

6 drops juniper berry essential oil

3 drops ginger essential oil

3 drops clove essential oil

10. scented fire starter

Use essential oils to make great smelling fire-starter pinecones. All it takes is pinecones, twine, candle wax, cooking oil, and essential oil. These smell amazing and make great hostess gifts for fall parties and events. [get the step-by-step instructions here](#)

11. scented pinecones

If you have collected pinecones from your yard or nature, then first start with baking the bugs out of your pinecones. Bake in 200 degree oven for 1 hour and then let completely cool

If you bought your pinecones at a store or are reusing ones from your collection of decorations, then you can skip the baking step.

Place your pinecones in a large glass or stainless steel bowl. Sprinkle pinecones with 15-20 drops of cinnamon essential oil (or fall essential oil blend of your choice). Toss them to coat. Cover bowl tightly. Every couple of days shake pinecones to distribute essential oil and scent. After a few weeks the pinecones are ready to use.

12. dryer balls

Have you switched to dryer balls yet? I used dryer sheets for years, but I'm so glad I discovered dryer balls. They have none of the toxic chemicals found in dryer sheets, are significantly less expensive to use, and reduce drying time (which saves me even more money because we're using less energy to dry our clothes)!! Just add a couple of drops of essential oil to your dryer balls and put them in the dryer along with your clothes. You can use a single oil or make your own blends. Here are some great fall scent combinations to try ...

orange & cinnamon

juniper berry & orange

rosemary, orange, & eucalyptus

cinnamon, clove, & cedarwood

You can make your own dryer balls using yarn and an old pair of nylons (check thrift stores for some if you're like me and haven't worn nylons in at least 20 years), or you can take the even easier route and [buy wool dryer balls like I do](#). I love almost every diy essential oil craft, but for some reason making wool dryer balls is not my thing.

13. cotton balls in trash cans

no more trashcan stink- simply add 2 drops of a disinfecting and deodorizing essential oil (like cinnamon, clove, orange, tea tree, or rosemary) to a cotton ball and put the cotton ball at the bottom of a trashcan. They will disinfect and deodorize, keeping your trashcan smelling fresh and clean!

14. toilet paper roll

Put a few drops of essential oil on the cardboard tube inside a roll of toilet paper. Every time someone unrolls some toilet paper air will flow across the essential oil and diffuse it into the air. Use single oils like orange, cinnamon, or clove. Or combine a couple different essential oils for great new blended scents. Here are a few to try for a fresh and clean fall scent your bathroom:

orange, ginger, & cinnamon

cypress, white fir, & cedarwood

orange, patchouli, & ginger

juniper berry & orange

15. air filter

Put a few drops of essential oil on your furnace filter. When the furnace blows air over the filter the essential oils will be diffused throughout your home and your whole house will smell like fall. The scent will fade after a couple of days. You'll need to add additional drops of essential oil to the furnace filter every couple of days.