

Christmas Diffuser Blends

ONEessentialCOMMUNITY.com

Winter Forest

2 drops Douglas fir
2 drops peppermint
1 drops wintergreen

Christmas Tree Farm

3 drops Douglas fir
2 drops cedarwood
1 drops juniper berry

Oh, Christmas Tree

2 drops cinnamon
2 drops orange
3 drops white fir

Winter Chai

3 drops orange
1 drop nutmeg
1 drop cinnamon
1 drop clove
1 drop cardamom

All Is Calm, All is Bright

3 drops calming blend
3 drops peppermint

Christmas Cheer

2 drops orange
2 drops white fir
1 drop spearmint
1 drop clove

Holiday Treats

2 drops peppermint
1 drop orange
1 drop cassia
2 drops wintergreen

Orange Pomander

3 drops orange
2 drops clove
2 drops rosemary

Rejoice!

2 drops frankincense
2 drops orange
2 drops peppermint

Warm Wishes

2 drops Douglas fir
2 drops cassia
2 drops orange
1 drop clove

Christmas Candy

4 drops wintergreen
2 drops cinnamon

Flannel

3 drops cardamom
1 drop cinnamon bark
1 drop orange
1 drop clove

Winter Spice

3 drops bergamot
1 drop ginger
1 drop cassia
1 drop white fir

Peace and Joy

3 drops grounding blend
2 drops cinnamon
1 drops orange

Warm & Cozy

3 drops cinnamon
2 drops orange
1 drop clove
1 drop nutmeg

Cuddle by the Fire

2 drops white fir
2 drops cinnamon
1 drop clove
1 drop cedarwood

Frosty Morning

3 drops peppermint
3 drops orange

Nutcracker Sweet

3 drops tangerine
3 drops white fir

Christmas Blessings

2 drops orange
2 drops cedarwood
1 drop frankincense
1 drop myrrh

Cozy Christmas

2 drops orange
2 drops cinnamon
1 drop arborvitae
1 drop clove

By The Fire

3 drops orange
2 drops cinnamon
1 drops clove

Oh, Christmas Tree

2 drops cinnamon
2 drops orange
3 drops white fir

Christmas Wonderland

3 drops Douglas fir
3 drops cedarwood

Spiced Apple Cider

3 drops orange
3 drops cinnamon
2 drops ginger

Gingerbread House

3 drops ginger
2 drops cinnamon
2 drops clove
1 drops nutmeg

Candy Cane Forest

4 wintergreen
2 cinnamon

Trimming the Tree

3 drops white fir
2 drops frankincense
1 drops peppermint

Peace on Earth

2 drops grounding blend
2 drops white fir
1 drops cypress
1 drops wintergreen

Keep Calm and Merry On

3 drops grounding blend
2 drops wintergreen
1 drops peppermint

Snuggling by the Fire

2 drops Douglas fir
2 drops cypress
1 drops frankincense
1 drops juniper
1 drops clove

Holiday Joy

3 drops frankincense
2 drops orange
2 drops peppermint

Wrapped in Comfort

3 drops orange
2 drops cassia
2 drops cedarwood

Christmas Tree Farm

3 drops Douglas fir
3 drops cedarwood

Peppermint Surprise

5 drops peppermint
2 drops ylang ylang

Sugarplum Fairy

2 drops white fir
2 drops invigorating blend
1 drops cassia

Wassail

3 drops orange
2 drops juniper berry
1 drop clove
1 drop ginger

Family Gatherings

3 drops orange
2 drops cinnamon
1 drops clove

Snuggle

2 drops cinnamon bark
2 drops clove
2 drops white fir

Sweater Weather

3 drops eucalyptus
2 drops juniper berry
1 drop sage

Merry & Bright

3 drops white fir
2 drops grapefruit
2 drops frankincense

Gifts of the Magi

2 drops frankincense
2 drops myrrh
2 drops orange

Immune Booster

1 drops rosemary
1 drops clove
1 drops eucalyptus
1 drops cinnamon
1 drops orange



25 Days of Christmas

Diffuser Blends

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 Gifts of the Magi 2 drops frankincense 2 drops myrrh 2 drops wild orange	5 All Is Calm, All is Bright 3 drops calming blend 3 drops peppermint	6 Rejoice! 2 drops frankincense 2 drops wild orange 2 drops peppermint	7 Winter Chai 3 drops orange 1 drop nutmeg 1 drop cinnamon 1 drop clove 1 drop cardamom	8 Sugarplum Fairy 2 drops white fir 2 invigorating blend 2 drops cassia	9 Orange Pomander 3 drops wild orange 2 drops clove 2 drops rosemary	10 Holiday Treats 2 drops peppermint 1 drop wild orange 1 drop cassia 2 drops wintergreen
4 Warm Wishes 2 drops douglas fir 2 drops cassia 2 drops wild orange 1 drop clove	12 Peppermint Surprise 5 drops peppermint 2 drops ylang ylang	13 Spiced Apple Cider 3 drops wild orange 2 drops cinnamon 2 drops ginger	14 Snuggle Blend 2 drops cinnamon 2 drops clove 2 drops white fir	15 Christmas Tree Farm 3 drops douglas fir 3 drops cedarwood	16 Keep Calm & Merry On 3 grounding blend 2 drops wintergreen 1 drop peppermint	17 Merry & Bright 3 drops white fir 2 grapefruit 2 drops frankincense
11 Sweater Weather 3 drops eucalyptus 2 drops juniper berry 1 drop sage	19 Winter Spice 3 drops bergamot 1 drop ginger 1 drop cassia 1 drop white fir	20 Gingerbread House 3 drops ginger 2 drops cinnamon 2 drops clove 1 drop nutmeg	21 Christmas Candy 4 drops wintergreen 2 drops cinnamon	22 Wassail 3 drops wild orange 2 drops juniper berry 1 drop ginger 1 drop clove	23 Christmas Cheer 2 drops wild orange 2 drops white fir 1 drop spearmint 1 drop clove	24 Family Gatherings 3 drops wild orange 2 drops cinnamon 1 drop clove